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## PACK LIST FOR AN OVERNIGHT OUTING

Ask your Scout if he has to bring a **sack lunch** or money. (This will probably be on the permission slip that is still in the pocket of his Scout shorts.) On some outings the Patrol Quartermaster is responsible for bringing the Patrol Box (with the tents, stoves, fuel, and cooking gear) and food for his Patrol.

**Backpack or Duffle Bag**

**Sleeping bag and sleeping pad**

**Sweatshirt or jacket**

**Bowl and utensils**

**10 Scout Essentials:** Personal First Aid Kit, Pocket Knife, Extra Clothing (One complete change of clothing -extra underwear optional), Flashlight, Water Bottle, Rain Gear, a small container of Suntan Lotion, Snacks, a big box of Matches, and a Compass. (Maps will be provided if required.)

**Personal Items:** toothbrush, toothpaste, soap, some kind of disinfectant (like Purell), and a small towel.

**Other things to consider packing:** Insect repellent (non-aerosol), chap stick, TECNU (for poison oak and available at most Drug Stores), and a small amount of money for lunch or extras.

*Specific items, e.g., swimming trunks, towel, cycling helmets, fishing pole, uniform, etc., may be required for particular outings.*

**Things not to pack:** Cell phones (some Scoutmasters will confiscate them), electronic gear, radios, iPods, anything in glass, aerosol sprays (deodorants), anything expensive (watches, jewelry, or 'heirloom' knives), soft drinks in cans or bottles. Scout policies prohibit wearing military clothing, camouflage, and any clothing with socially unacceptable logos or messages.

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When he gets home, have your Scout unpack immediately. Throw uneaten food into the trash, otherwise it might end up under his bed. Empty and clean the water bottle. Open the sleeping bag to dry out. If your Scout is the Patrol Quartermaster and has responsibility for Troop equipment, please help him do the following after every outing:

1. Open the tents and dry them out. Then refold them.
2. Wash the cooking gear (dish washer)
3. Throw away all perishable food.
4. Make sure there is soap, fuel, paper towels, trash bags, and everything else they need in the Patrol box for the next outing.

If something's missing, have the Scout ask around the Troop (especially his Patrol). Sometimes, another Scout has it at the bottom of their backpack.

**Make sure your Scout pays the Quartermaster for their food if necessary.**